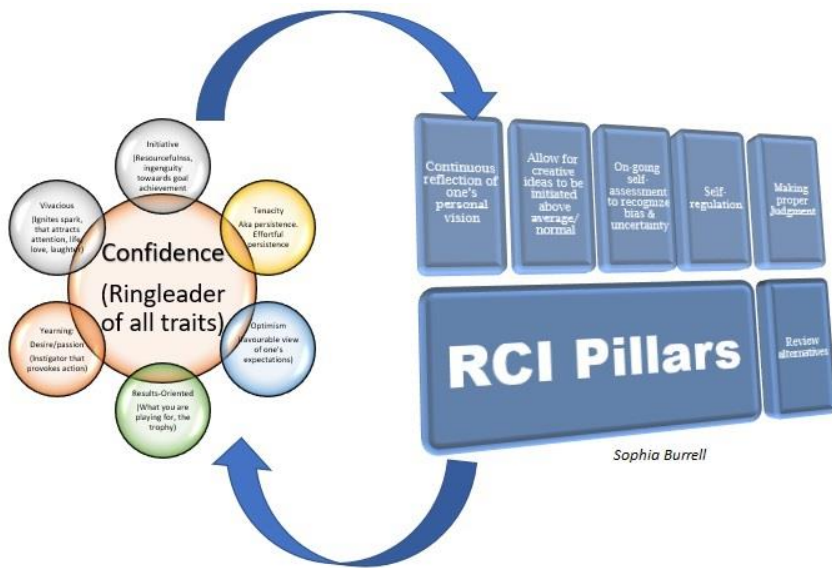


# 7 TRAITS FOR V.I.C.T.O.R.Y

## ABOUT SOPHIA



7 Traits for V.I.C.T.O.R.Y System



## V.I.C.T.O.R.Y FRAMEWORK

### Concept Explained

"7 Traits for V.I.C.T.O.R.Y System" is a novel approach to self-improvement and self-mastery. The word 'Victory' is used as an acronym to symbolize the enduring qualities one must possess, master/muster or cultivate towards high achievement. Their collaborative force is solution-focused and results-oriented to stimulate personal growth, purposeful action and foster sustained improvement. The 7 Traits System has a powerfully unique interplay with our **RCI-7 concept**, an innovative approach to problem-solving, mindset shift and turning defeats into victory. Let us teach this system to your staff or teammates. Successful application of the "7 Traits for V.I.C.T.O.R.Y System" depends on the individual's ability to apply,

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reorganize and sometimes restructure, so that the knowledge given in the thinking situation can do its job.

**The philosophical agenda of the “7 Traits for V.I.C.T.O.R.Y System”** works like an analytical truth-seeking mechanism that influences one's level of thought beyond commonsense thinking. It allows an individual to answer hard fought questions, define problems, support decisions, resolves confusion, and square away entanglement.

**Warning:** This coaching will transform you into a badass, a warrior or both. Side effects include heightened belief in one's self, a focus on quality not quantity, calculated discipline and accountability.

## ABOUT SOPHIA

Graduated from University of Phoenix with a MS Psychology

- Doctoral student, Management Organizational Leadership
- Author of 3 books, the most popular of which is “7 Traits for V.I.C.T.O.R.Y”
- Spoke in more than 20 High Schools in NY, DC, NJ
- Founder & CEO of V.I.C.T.O.R.Y Training Lab
- Keynote at graduation ceremony
- Coined the term “fear is a bully (her first message as a speaker)
- Spoke at Rikers Island to female inmates



The Place where self-improvement and self-mastery meet.