

# THE COACHING TIGER

SOPHIA BURRELL



The Coaching Tiger, Inc

## Become an Unstoppable Force of Your Greatest Self

### Do You Have a Strategy in Place for?

- Turning your defeats into victory?
- Making the mental leap towards your greatest achievement?
- Re-establishing yourself for the new year?
- Square away entanglement in your personal or professional life?
- Resolve confusion as to what your higher self wants?
- Feeling stuck, no growth, little or no progress?



## Sophia Burrell

Personal Development  
Specialist/Author/Speaker

Contact Info

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**Our coaching is based on the philosophical agenda of the “7 Traits for V.I.C.T.O.R.Y System”** that works like an analytical truth-seeking mechanism that influences one's level of thought beyond commonsense thinking. It allows the individual to square away entanglement, maximize potential, discover and develop the greatest selves: self-efficacy, self-mastery, self-esteem, self-regulation, self-confidence and self-improvement.

**Warning:** This coaching will transform you into a badass, a warrior or both. Side effects include heightened belief in one's self, a focus on quality not quantity, calculated discipline and accountability.



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Graduated from University of Phoenix with a MS Psychology

- Doctoral student, Management Organizational Leadership
- Author of 3 books, the most popular of which is “7 Traits for V.I.C.T.O.R.Y”
- Spoke in more than 20 High Schools in NY, DC, NJ
- Founder & CEO of V.I.C.T.O.R.Y Training Lab
- Keynote at graduation ceremony
- Coined the term “fear is a bully (her first message as a speaker)
- Spoke at Rikers Island to female inmates

*The Place where self-improvement and self-mastery meet.* You never know what is going on in your employee's life outside of the office. Our personal development coaching can recalibrate, restructure, re-examine their life/lifestyle for better performance, focus, effectiveness and all around personal and professional victory.

Don't miss out on this opportunity. Your staff members, co-workers or team will thank you forever.